

Theory Application

Symbolic Interaction Theory is a theory that was coined by **Herbert Blumer**. This theory explains the social behavior of how people interact with one and other using symbols. This theory believe that we are all understood best in an interactive environment. In this theory there are three essential themes that go along with it. Those three themes are the **importance of meanings for human behavior, importance of self-control, and relationship between individual and society**.

The Symbolic Interaction Theory has a connection to my life in a particular way. In my opinion, the most common theme we see is the **importance of self-concept**. In this theme, self-concepts provide important motive for behavior. This theme is the reason i see the Symbolic Interaction Theory having a connection to my life. My self-concept plays a big role in my life on a day to day basis. While trying not to be cocky and over confident, I still think very highly of myself. Whether it is about me playing sports, how i present myself, and doing well in school. In my life i have tried to set high expectations for any and all goals in my life. I've always tried to ignore and move past what others think of me. I never wanted to allow the **looking glass self** to affect my life in any way. It is easy for people to begin to believe what others say around them and see themselves negatively because of it. I was always more into the **pygmalion self**. Focusing on yourself instead of what others think of you can bring you a long way. Sometimes it can backfire because if you lose confidence in yourself then you have nobody to pick you up. For me an example of this is math. I am not a strong math student. However, I knew i had to pick myself up and get through it to continue my journey of graduating on time and getting a degree. I strongly believe in my ability to overcome obstacles in my life and keep pushing forward. The **self-fulfilling prophecy** is another way to help yourself push forward. If you believe you can truly accomplish something such a passing a math test, nailing a job interview, or even something as simple as winning in a video game, chances are you will get it done.

In the Pearson article, it compares the **gender roles** of men and women from 19667-1997 to our present day life styles. Back in those years **society** pretty much held women to a lower rank than man because they were the females, while obviously the men where more masculine and did different jobs. Women were supposed to stay indoors a lot of the day and clean and do the chores around the house. Dinner was expected to be cooked by the women for their husbands. On the other hand, men were supposed to go out and get jobs. At home they had to do all the hardcore labor around the outside of the house such as farming. In our present day, it isn't really like that anymore. There are no set standards of the women and men as far as jobs at home. The **self-fulfilling prophecy** play a huge role in our current **society**. Women have high goals for themselves and want more for their lives. They believe in the theme of **pygmalion self** because they tell themselves they can do anything a man can do. Any job opportunity a male has, a women deserves as well. It's all about self confidence and telling yourself you can do whatever you have your heart set on.